
Panther September Breakfast Menu

breakfast – \$2.00 all grades

lunch – \$3.00 all grades

lunch – \$4.00 Adults

- Mon - froot loops, cereal bar, tropical fruit cup & choice of milk
Tue - apple cheerios, cereal bar, fruit cocktail cup & choice of milk
Wed - cinnamon toast crunch, cereal bar, diced peach cup & choice of milk
Thur- honey nut cheerios, cereal bar, diced pear cup & choice of milk
Fri - cocoa puffs, cereal bar, pineapple cup & choice of milk

Menu subject to change without notice.

Panther September Lunch Menu

- 4 student holiday
5 spaghetti with meatsauce served with a garlic breadstick, steamed broccoli, glazed carrots, fruit cocktail cup & choice of milk
6 chicken enchilada's served with savory black beans, garden salad with ranch dressing, salsa cup, diced peach cup & choice of milk
7 salisbury steak served with a warm roll, creamy mashed potatoes, braised green beans, diced pear cup & choice of milk
8 cheeseburger served with lettuce topper, broccoli slaw, baby carrots with ranch dressing, ketchup, mustard, mayo, pineapple cup & choice of milk

11 roast turkey breast served with a warm roll, turkey gravy, mashed sweet potatoes, braised green beans, tropical fruit cup & choice of milk
12 beef stroganoff served with a garlic breadstick, steamed broccoli, roasted cauliflower, fruit cocktail cup & choice of milk
13 beef enchilada's served with savory pinto beans, garden salad with ranch dressing, salsa cup, diced peach cup & choice of milk
14 turkey meatloaf served with a warm roll, creamy mashed potatoes, glazed carrots, diced pear cup & choice of milk
15 sloppy joe served with broccoli slaw, baby carrots with ranch, ketchup, mustard, mayo, pineapple cup & choice of milk

18 bbq chicken served with warm roll, sweet peas, baked beans, tropical fruit cup & choice of milk
19 chicken alfredo served with a garlic breadstick, steamed broccoli, roasted cauliflower, fruit cocktail cup & choice of milk
20 beef soft taco served with savory black beans, garden salad with ranch dressing, salsa cup, diced peach cup & choice of milk
21 crispy fish served with a warm roll, creamy mashed potatoes, glazed carrots, diced pear cup & choice of milk
22 cheeseburger served with lettuce topper, broccoli slaw, baby carrots with ranch dressing, ketchup, mustard, mayo, pineapple cup & choice of milk

25 sweet & sassy chicken served with mashed sweet potatoes, braised green beans, tropical fruit cup & choice of milk
26 baked chicken tomato pasta served with a garlic breadstick, steamed broccoli, roasted cauliflower, fruit cocktail cup & choice of milk
27 beef taco pie served with savory pinto beans, garden salad with ranch dressing, salsa cup, diced peach cup & choice of milk
28 turkey pot pie served with a warm roll, creamy mashed potatoes, glazed carrots, diced pear cup & choice of milk
29 sloppy joe served with broccoli slaw, baby carrots with ranch, ketchup, mustard, mayo, pineapple cup & choice of milk